

Cowlitz Family Health Center Client Data Sheet - 2013



Cowlitz Family Health Center (CFHC) is one of 16 agencies contracted by the Washington State Department of Health in 2013 to distribute state and federal (Title X) family planning funds.* In 2013, CFHC's contract with the Department of Health supported family planning centers in Cowlitz, Pacific and Wahkiakum Counties. CFHC does not distinguish family planning services provided at their Pacific and Wahkiakum County locations; all services are assigned to Cowlitz County.

*15 agencies received state and federal (Title X) funds; 1 agency received state funds only.

Key Points....

Nearly half of Washington women who require contraceptive services need help from publicly funded family planning clinics, including those funded through the Department of Health.¹

- In 2013, CFHC served 1,979 family planning clients; 88 percent of clients obtained care in their home county.

Population groups with greatest need for publicly supported family planning services include women under age 20, women with low income, and women of color.²

- In 2013, 79 percent of CFHC's clients had an income at or below 100 percent of poverty; 56 percent used Medicaid coverage; and 24 percent were persons of color.

Access to affordable, effective contraceptive methods is critical to preventing unintended pregnancies.² An estimated 288 unintended pregnancies are prevented per 1,000 users of publicly funded contraceptive services.³

- In 2013, CFHC's contraceptive services prevented nearly 440 unintended pregnancies. This translates to about 220 fewer births from unintended pregnancies, 150 fewer abortions and 70 fewer miscarriages.

Long-acting reversible contraceptives (LARC)—intrauterine devices and hormonal implants—are among the most effective methods for preventing unintended pregnancy.²

- In 2013, 78 percent of CFHC's female clients used some method of birth control, including 19 percent who used LARC.

Publicly funded family planning services yield a net saving of \$5.68 for every \$1 invested.¹

- In state fiscal year 2013, Washington's Medicaid program paid for 41,596 births at an average cost of \$11,302.⁴ An estimated 50 percent of these births were unintended at conception.² The average annual cost for publicly funded contraceptive care in Washington is \$335 per person.³

Client's County of Residence	County Where Family Planning Services Were Provided
	Cowlitz*
Clark	50 (3%)
Cowlitz	1,738 (88%)
Pacific	69 (3%)
Wahkiakum	43 (2%)
Other	33 (2%)
Out of State	46 (2%)
Total	1,979 (100%)

*Includes services provided in Pacific and Wahkiakum Counties.

Age	Females	Males	Total	Ethnicity & Race
17 and under	149 (8%)	0 (0%)	149 (8%)	Non-Hispanic (NH)
18-19	201 (10%)	1 (20%)	202 (10%)	American Indian/Alaska Native, NH 27 (1%)*
20-29	1,007 (51%)	1 (20%)	1,008 (51%)	Asian, NH 32 (2%)*
30 and older	617 (31%)	3 (60%)	620 (31%)	Black/African American, NH 27 (1%)*
Total	1,974 (100%)	5 (100%)	1,979 (100%)	Multiple race, NH 0 (0%)*
				Native Hawaiian/ Pacific Islander, NH 5 (0%)*
				White, NH 1,496 (76%)*
				Hispanic, of any race 376 (19%)*
				Unknown race and ethnicity 16 (0%)

*Percentage based on total clients with known race/ethnicity.

*All percentages may not add to 100 due to rounding.

References:

- Frost JJ, Zolna MR, Frohwrith L. Contraceptive Need and Services, 2010: National and State Report. New York, NY: Guttmacher Institute; 2013.
- Washington State Department of Health. Unintended Pregnancy. Health of Washington State. Olympia, WA: Washington State Department of Health; 2013
- Frost JJ et al. Contraceptive Needs and Services, 2010: Methodological Appendix. New York, NY: Guttmacher Institute; 2013.
- Washington Health Care Authority. State of Washington pregnancy related expenditures fiscal years 1988-2013; 2014.

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Primary Source of Payment

Source	No.	%
No Charge (e.g. < 100% FPL)	481	24%
Title XIX (Medicaid)	690	35%
Take Charge (Medicaid)	415	21%
Private Insurance	143	7%
Other (including full & partial self pay)	250	13%
Total	1,979	100%

Note: Primary source of payment is the expected source of payment at time of visit and may not represent the source that eventually paid for the visit.

Clients Receiving Selected Services

Physical Examinations

	No.	%
Initial and annual*	866	44%
Breast *	841	43%
Pap test*	243	12%
Genitalia**	5	100%

Contraceptive Services

	No.	%
Hormone injection*	403	20%
LARC insert (IUD, IUS & hormonal implant)*	140	7%
Emergency contraception*	182	9%
Contraceptive counseling *	1,726	87%

Pregnancy Services

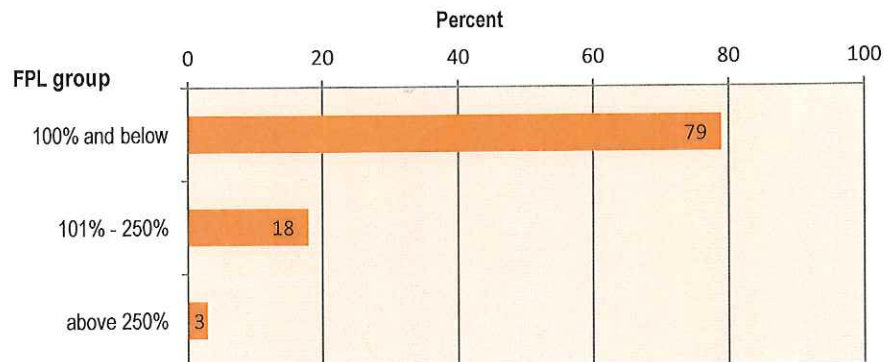
	No.	%
Pregnancy test*	1,488	75%
Preconception counseling*	85	4%
Pregnancy counseling*	448	23%

STD/HIV Services

	No.	%
Chlamydia test***	666	34%
Chlamydia test - females ages 15-24*	337	37%
Gonorrhea test***	666	34%
STD treatment***	71	4%
HIV test***	198	10%
STD/HIV counseling***	1,600	81%

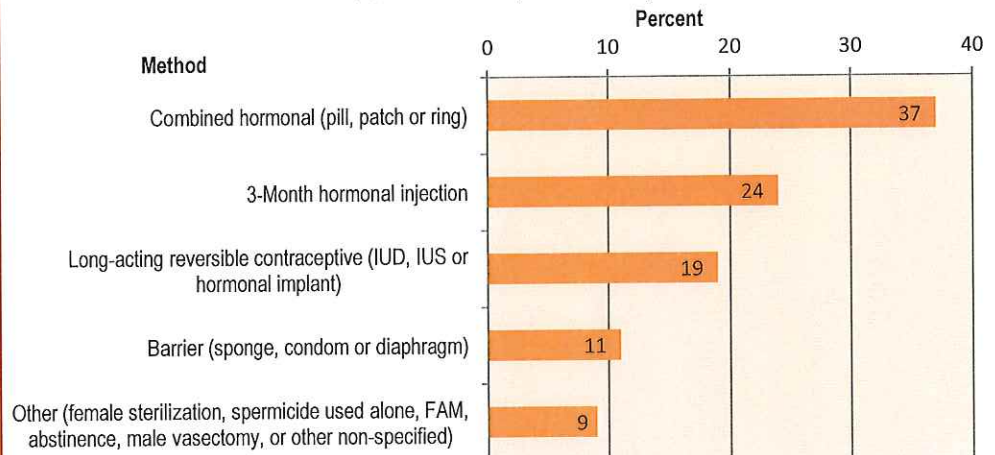
* includes female clients only
** includes male clients only
*** includes female and male clients

Percent of Clients by Federal Poverty Level (FPL)*



*In 2013, the federal poverty level (FPL 100%) was \$11,490 annual income for a single person household.

Female Contraceptive Users by Method*



*Includes 1,534 females identified as contraceptive users. Excludes the 440 females (22%) who did not use a contraceptive method due to pregnancy or other reason.

Use of LARC Among Female Contraceptive Users by Age and Year, 2011, 2012, and 2013

Age	Year		
	2011	2012	2013
10-24	80 (10%)	76 (10%)	108 (16%)
25-34	84 (17%)	100 (19%)	120 (22%)
35 and older	45 (17%)	47 (17%)	60 (20%)
All ages	209 (13%)	223 (14%)	288 (19%)

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